



## **YMCA of Southwestern Indiana Part-Time Job Posting**

### **Position Description: Water Fitness Instructor**

### **Part-time 4-10 hours per week**

Excellent opportunity for highly-motivated, mission-driven team player to provide assistance in the aquatic department. Our YMCA Water Fitness Staff instruct water fitness classes and provide motivation for class participants.

### **Job responsibilities will include the following:**

Under the direction of the Aquatics Director, candidates will plan and lead water fitness classes in accordance with YMCA guidelines. They develop positive relationships with class members/participants and provide motivational support and guidance. Our instructors also increase class participant awareness of all healthy lifestyle factors. Will organize and put away class equipment and report equipment problems.

Will follow all YMCA policies, rules, regulations, procedures, including emergency procedures. Complete incident and accident reports as necessary. Attend staff meetings and applicable trainings approved by supervisor. Conveys basic knowledge of all program areas to members and participants.

### **Requirements:**

- Minimum of 18 years of age.
- Ability to demonstrate proper water fitness techniques.
- Ability to lead and communicate with others.
- Ability to make good decisions and exercise mature judgement.
- Demonstrate knowledge of fitness protocol.
- Willing to achieve AEA certification.
- Interested in contributing to the mission of the YMCA.

To apply, click [here](#) to submit online.

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**Our Mission:** The YMCA of Southwestern Indiana, Inc., following the example of Jesus Christ, responds to community needs by serving all people, especially youth, through programs that promote healthy spirit, mind and body.