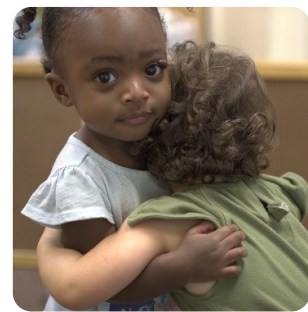




**FIND YOUR FRIENDS.
FIND YOUR Y.**

Youth Services



Ascension St Vincent YMCA and Dunigan Family YMCA

While you're increasing your heart rate, your kids can play, release some energy, and make new friends in a supervised, caring environment—all free with your Y membership.

General Guidelines

- You will need to remain on the premises while your child is checked into Child Watch or the Kids Zone. If you are enrolled in an outdoor class, running or walking, parents must provide a cell phone number.
- Please refrain from bringing food with nuts, personal toys, and electronics.
- To help prevent spreading of illness, children who are ill must be symptom-free for 24 hours before returning.
- Should your child have allergies or special needs, it is imperative that the staff be informed of this upon each visit.
- The YMCA strives to maintain a SAFE and positive approach to managing children's behavior at all times. Parents will be informed of any behavior issues and expected behavior guidelines will be communicated.

Child Watch — Ages 6 weeks to 6 years old who have an active family membership.

HOURS

Mon-Thu	8:00AM—1:00PM
Mon-Thu	3:30—7:00PM
Fri	8:00AM—1:00PM
Sat	8:00AM—1:00PM
Sun	2:00—5:30PM (Dunigan Only)

- Please check your child in and out upon each visit.
- The parent that checks in a child must be the adult that checks out the child. In the event that someone else will be picking up, they must be approved by an adult on the family membership.
- Children in diapers must be clean, dry, and recently fed when you drop off. Please include extra disposable diapers and wipes in diaper bag if needed,
- You will be notified if a child is upset and cannot be soothed after 15 minutes.
- Staff will do their best to accommodate feedings and other special instructions. However, due to the nature of Child Watch, it is not always feasible to accommodate specific requests.

Kids Zone — Ages 5-12 years old who have an active family membership.

HOURS

Mon-Thu	3:30—7:00PM
Sat	8:00AM—1:00PM
Sun	2:00—5:30PM (Dunigan Only)

** Additional morning hours for Kids Zone available in SUMMER and certain school holidays— will be same as Child Watch.*

- Children ages 10-12 can check themselves in and out of the Kids Zone. Children under the age of 10 must be checked in and out by a parent.

Age Guidelines

Child Watch is available free of charge to members 6 weeks - 6 years old. Child Watch limits are:

