



YMCA AQUATICS

Age Policy, Deep Water Test and Wristband Policy

Age Policy

All children ages 9 and under must be accompanied, in the water, by a person age 18 or older.

Children ages 10-11 may use the pool without direct supervision as long as their parent or caretaker, over the age of 18, is in the facility.

All youth age 12 and older may utilize the pool without parent supervision.

Deep Water Test and Wristband Policy

Any child, regardless of age, that the lifeguard questions their swimming ability, must take the deep water test to swim in the deep end of the pool. However, **all children age 12 and under** will be required to take a swim test.

Swim test consists of:

A swim from one side of the pool to the lifeline and back without touching the wall or bottom of the pool.

30 second tread (keeping head above water)

10 second back float

If the child fails the deep water test, **they must stay in the shallow end of the pool unless a parent is within arm's reach of the child in the deep end (for ASV the child must have on a lifejacket).** If they pass the deep water test, they will be given a green neckband. All children will be asked to write their name on a clipboard on deck so that the results can be recorded at the front desk. All children/parents will be required, on subsequent visits, to obtain their child's neckband at the front desk.