



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFETY FIRST

Aquatic Safety at our pools is our first priority. Our Test, Mark & Protect program is designed to identify children 12 and under that are most at risk, non-swimmers. By participating in a swim test, non-swimmers are identified and directed towards designated non-swimmer shallow areas with active adult supervision.

TEST

All children ages 12 and under are required to pass a swim test before having access the deep area of the pool. Once tested, the swimmer will be given the appropriately colored wristband based on their swimming ability. Each time the child comes into the Y for open swim, they should receive their color appropriate wristband from the Membership desk when checking in.

SWIM TEST INCLUDES:

- Jumping into the deep end, fully submerging and recovering
- Swimming to a designated spot and returning to the side
- Treading water for 30 seconds



MARK

Green Neckband:

- For swimmers that pass the deep water swim test and may access all pool areas.
- Receive a green band from Aquatic staff when they initially pass, but must acquire the green band from the Membership desk each subsequent visit to the pool.
- If a swimmer comes into the pool without the band, they must re-take the swim test.

PROTECT

- Children ages 9 and under **MUST HAVE** an adult (18 or older) in the water actively involved in the supervision of the child, regardless of swim ability.
- One adult can be responsible for no more than 3 non-swimmers during open swim.
- The YMCA will make available and highly recommends the use of a US Coast Guard approved lifejacket in addition to requiring active supervision.

